

# PSYCHOLOGY MS

## Mission Statement

The mission of the Marriage and Family Therapy Program at California State University, Chico is to train exemplary, passionate, research-informed, culturally-sensitive, client-centered, systemic therapists capable of excelling in a multitude of mental health settings through innovative and experiential learning.

## Program Description

This three-year program provides an integrated course of study that meets the educational requirements for the Marriage and Family Therapist (MFT) license as specified in California State law (SB-33; Section 4980.36). The 60-unit program is designed to train exemplary professional therapists to work in public mental health agencies, private practice, and other similar settings. Skill acquisition is emphasized by a strong core of introductory laboratory courses and on-campus practica in our Counselor Training Center (CTC), culminating in an off-campus traineeship at a local agency. Theoretical background and training are provided in a variety of theoretical approaches, with emphasis on core "common-factors" that span all therapy practice. The program is designed to emphasize three overarching facets of clinical training: academic research, clinical practice, and personal experience. Self-care and personal growth are recognized as equally important processes to clinical learning as is academic ability. Program faculty aim to present themselves as models of ethical, professional, and passionate therapists.

## Program Learning Objectives

1. Preparing students to provide mental health services to the population of Northern California by meeting the specific needs of predominantly rural and multi-ethnic communities.
2. Challenging students to continually develop an ethical and professional foundation to their therapy practice, including emphasis on developing a culturally sensitive practice.
3. Training students to use a systemic framework to conceptualize varied individual, child, couple, family, and group concerns in therapy.
4. Developing research and feedback-informed clinicians capable of critically evaluating and applying research in practice.
5. Obtaining skills in the assessment and diagnosis of psychopathology and related clinical issues.
6. Encouraging students toward personal growth and the development of effective self-care strategies so as to maintain efficacy and longevity in the field;
7. Helping students place their role as a therapist in the larger healthcare landscape by teaching them effective collaborative skills.

## Graduate Advising Requirement

Students should consult the MS Psychology Coordinator in planning their MS program.

## Research with Human Participants or Animals

All research projects which involve human participants must be reviewed for adherence to ethical guidelines as outlined in departmental and University policies (EM 93-004 (<https://www.csuchico.edu/pres/em/1993/93-004.shtml>)). No research involving human subjects will be conducted until a review of the project has been carried out and written

approval given. All activity with animals must adhere to the guidelines outlined in the University Animal Welfare Policy (EM-09-006 (<https://www.csuchico.edu/pres/em/2009/09-006.shtml>)). Guidelines on the use of human or animal subjects are available from Chico State Enterprises (<https://www.csuchico.edu/cse/>).

## Requirements for the MS in Psychology

Completion of all requirements established by the department graduate committee, the graduate advisory committee, and Graduate Studies.

### MFT Coursework

Students seeking eligibility for the California Marriage and Family Therapy (MFT) license must complete at least 60 units of coursework, including PSYC 696M, PSYC 697P, or PSYC 699T as designated by the department, the courses listed below, and any elective units needed to attain this 60-unit minimum.

Course	Title	Units
<b>Course Requirements</b>		
PSYC 573	Introduction to Counseling Psychology	3
PSYC 600	Research and Evaluation Methods	3
PSYC 603	Advanced Developmental Psychology	3
PSYC 641	Applied Psychopharmacology	3
PSYC 643	Psychopathology	3
PSYC 665	Psychological Assessment Marriage and Family Therapists	3
PSYC 670	Introduction to Group Counseling	3
PSYC 671	Child/Adolescent Therapy	3
PSYC 672	Multicultural Issues in Therapy	3
PSYC 673A	Marriage and Family Therapy Practicum I	3
PSYC 673B	Marriage and Family Therapy Practicum II	3
PSYC 673C	Marriage and Family Therapy Practicum III	3
PSYC 674	Substance Abuse and Addictions Counseling	3
PSYC 675	Theories of Family Therapy: Marital, Familial, and Child Issues	3
PSYC 677	Couples Therapy and Sexuality	3
PSYC 678	Mental Health Recovery and Wellness	3
PSYC 679	Professional, Ethical, and Legal Issues in Marriage and Family Therapy	3
PSYC 687	Traineeship in Marital and Family Therapy <sup>1</sup>	6-9
Select 3 units from the following:		3
PSYC 696M	Marriage and Family Therapy Comprehensive Exam	
PSYC 697P	Professional Paper: Empirical Research Manuscript	
PSYC 699T	Master's Thesis	
<b>Total Units</b>		<b>60</b>

<sup>1</sup> A minimum of six units of PSYC 687 is required.

1. Completion of an approved program consisting of 60 units of 500/600-level courses.
  - a. At the discretion of the academic program, a maximum of 30 percent of the units counted toward the degree requirements may be special session credit earned in non-matriculated status combined with all transfer coursework. This applies

to special session credit earned through Open University, or in courses offered for academic credit through Regional and Continuing Education. Correspondence courses and UC Extension coursework are not acceptable for transfer.

- b. Not more than 15 units taken before admission to classified status.
  - c. Not more than a total of 10 units of PSYC 697, (PSYC 699T), and (PSYC 687); not more than 6 units of (PSYC 697P) or (PSYC 699T). Enrollment in PSYC 697P and PSYC 699T is restricted to students who have been advanced to candidacy; students may not enroll in PSYC 697P or PSYC 699T for more than three semesters. Not more than 4 units of supervised teaching of counseling (PSYC 628A and PSYC 629A).
  - d. With the exception of Professional Paper: Empirical Research Manuscript (PSYC 697P) and Master's Thesis (PSYC 699T), all coursework included in the approved program must be taken for a letter grade.
2. Completion and final approval of a professional paper, thesis or the comprehensive exam as specified by the student's graduate advisory committee.
  3. Satisfactory completion of an oral examination for students completing the professional paper or thesis.
  4. Approval by the departmental graduate committee and the Graduate Council on behalf of the faculty of the University.

## Graduate Grading Requirements

All courses in the major (with the exception of PSYC 697P and PSYC 699T) must be taken for a letter grade, except those courses specified by the department as ABC/No Credit (400/500-level courses), AB/No Credit (600-level courses), or Credit/No Credit grading only. A maximum of 10 units combined of ABC/No Credit, AB/No Credit, and Credit/No Credit grades may be used on the approved program (including 699 and courses outside the major).

Students must maintain a 3.0 grade point average in each of the following three categories: all coursework taken at an accredited institution subsequent to admission to the master's program; all coursework taken at California State University, Chico subsequent to admission to the program; and all courses on the approved master's degree program.

Continuous enrollment is required. At the discretion of the academic program, a maximum of 30 percent of the units counted toward the degree requirements may be special session credit earned in non-matriculated status combined with all transfer coursework. This applies to special session credit earned through Open University, or in courses offered for academic credit through Regional and Continuing Education.

## Graduate Time Limit

All requirements for the degree are to be completed within five years of the end of the semester of enrollment in the oldest course applied toward the degree. See Master's Degree Requirements (<https://catalog.csuchico.edu/graduate-requirements/masters-degree-requirements/>) for complete details on general degree requirements.

## Graduate Requirement in Writing Proficiency

All students must demonstrate competency in writing skills as a requirement for graduation. Psychology MS students will demonstrate

their writing competence through an essay examination offered once a semester by the Department of Psychology's graduate committee. This requirement must be completed before advancement to candidacy.

## Prerequisites for Admission to Conditionally Classified Status

1. Satisfactory grade point average as specified in Graduate and Postbaccalaureate Admission Requirements (<https://catalog.csuchico.edu/graduate-requirements/graduate-postbaccalaureate-admission-requirements/>).
2. Approval by the department and Graduate Studies.
3. An acceptable baccalaureate from an accredited institution.
4. Completion of either the Graduate Record Examination Aptitude Test or the Miller Analogies Test. The Graduate Record Examination Advanced Test in Psychology is not required but will be considered if available.

## Prerequisites for Admission to Classified Status

In addition to any requirements listed above:

Students must have completed the following four course prerequisites within the last 10 years: one course in research methods for psychology; one course in developmental or child psychology; one course in statistics; and one course in abnormal psychology.

## Advancement to Candidacy

In addition to any requirements listed above:

1. Classified graduate standing and completion at the University of at least 18 units of the proposed program, including PSYC 573, PSYC 670, PSYC 673A, and 9 units selected from remaining eligible program course requirements with at least a B average in these courses.
2. A student must pass the writing proficiency requirement in order to be advanced to candidacy.
3. All "Incomplete" grades must be completed before a student will be advanced to candidacy.
4. Formation of the graduate advisory committee.
5. Development of an approved program in consultation with the MS Psychology Coordinator and the graduate advisory committee, and approved by the Graduate Coordinator.
6. Demonstrated ability to provide competent service, in accordance with the current versions of the California Association of Marriage and Family Therapists' Code of Ethics, the American Association for Marriage and Family Therapy's Code of Ethics, the American Counseling Association's Code of Ethics, and the American Psychological Association's Ethical Principles of Psychologists and Code of Conduct.
7. Approval of the graduate committee in the Department of Psychology.

## Application Procedures

The Department of Psychology admits applicants to its MS program only in the fall semester each year. In addition to Graduate Studies' admission prerequisites and application procedures (please see the Graduate and Postbaccalaureate Admission Requirements (<https://catalog.csuchico.edu/graduate-requirements/graduate-postbaccalaureate-admission-requirements/>)), the Department of

Psychology requires the completion of its own application, including a Statement of Purpose, a resume, an application for advancement to classified status, and three letters of recommendation. Application instructions are available online at <https://www.csuchico.edu/psy/academics/graduate/index.shtml> (<https://catalog.csuchico.edu/viewer/21/MASTREQ.html>). Application materials can be uploaded through CalState Apply, along with unofficial transcripts and test scores, by February 15 for consideration for fall admission.