

ADAPTED PHYSICAL ACTIVITY MINOR

Course Requirements for the Minor

The following courses, or their approved transfer equivalents, are required of all candidates for this minor.

Written Notice

Departmental approval is required before you begin coursework for this minor. Approval can be obtained by providing written notice of your intention to declare this minor to the department office.

Consult with an academic advisor to plan your program carefully. For example, this minor may serve as part of a supplementary authorization to teach adapted physical education.

Course	Title	Units
Select one of the following three groups:		8
BIOL 103 & KINE 322	Human Anatomy and Biomechanics	
BIOL 104 & KINE 323	Human Physiology and Physiology of Exercise	
KINE 202 & KINE 322	Structural and Anatomical Kinesiology and Biomechanics	
KINE 315	Introduction to Adapted Physical Activity	3
KINE 321	Motor Development and Behavior	3
KINE 516	Motor Assessment for Individuals with Disabilities	3
Select one of the following:		3
KINE 513	Programming in Disability Sport	
KINE 514	Programming for Intellectual, Neurological, and Learning Disabilities	
Select one of the following:		2-3
KINE 295	Disability and Physical Activity in the Media	
KINE 351	Aquatics for the Adapted Instructor	
KINE 520	Interdis Autism Clinic	
Total Units		22-23