ADAPTED PHYSICAL ACTIVITY MINOR

The Minor in Adapted Physical Activity may serve as part of a supplementary authorization to teach adapted physical education. Consult with an academic advisor to plan your program carefully.

Course Requirements for the Minor

The following courses, or their approved transfer equivalents, are required of all candidates for this minor.

Written Notice

Departmental approval is required before you begin coursework for this minor. Approval can be obtained by providing written notice of your intention to declare this minor to the department office.

Consult with an academic advisor to plan your program carefully. For example, this minor may serve as part of a supplementary authorization to teach adapted physical education.

| Course | Title | Units |
|---|--|-------|
| Select one of the following three groups: | | |
| BIOL 103 & KINE 322 | Human Anatomy and Biomechanics | |
| BIOL 104 & KINE 323 | Human Physiology and Exercise Physiology | |
| KINE 202 & KINE 322 | Structural and Anatomical Kinesiology and Biomechanics | |
| KINE 315 | Introduction to Adapted Physical Activity | 3 |
| KINE 321 | Motor Development and Behavior | 3 |
| KINE 516 | Motor Assessment for Individuals with Disabilitie | s 3 |
| Select one of the following: | | |
| KINE 513 | Programming in Disability Sport | |
| KINE 514 | Programming for Intellectual, Neurological, and Learning Disabilities | |
| KINE 515 | Collaboration in Adapted Physical Education | |
| Select one of the | following: | 2-3 |
| KINE 295 | Disability and Physical Activity in the Media | |
| KINE 351 | Aquatics for the Adapted Instructor | |
| KINE 520 | Interdisciplinary Autism Clinic | |
| Total Units 22-23 | | |