

California State University, Chico  
**MAJOR ACADEMIC PLAN (MAP)**

Major: **The Bachelor of Arts in Kinesiology**  
 Option: **Kinesiology (Movement Studies)**  
 Pattern: **Fitness and Wellness Pattern**

**Degree Units: 120**  
**Major Units: 52-58**  
**Elective Units: 17-23**

| First Semester                 |              | Second Semester                |              | Comments   |
|--------------------------------|--------------|--------------------------------|--------------|--|
| GE Area A [*C-]                | 3            | GE Area A [*C-]                | 3            | [*C-] C- or Better is required.  |
| GE Area A [*C-]                | 3            | GE Area A [*C-]                | 3            |  |
| GE Area C                      | 3            | GE B1                          | 3            | <b>Notes</b><br><b>Transfer Students: Review your Degree Progress Report (DPR) in your Student Center, meet with your Major Department Advisor for major coursework, and meet with an Academic Advisor in SSC 220 to review General Education (including Writing Intensive "WI" and Capstone "C") and Graduation requirements.</b><br>It is recommended that you meet with your major advisor early in your academic career and every semester.<br>Consider meeting the United States Diversity and Global Cultures requirements within GE courses.<br>Complete a minimum of 4 Writing Intensive (WI) courses-one will be met by your Written Communication Course and one by your Capstone Course; select 2 additional WI courses.<br>Select a GE Capstone Course in your Upper-Division Pathway, or substitute an approved Major Capstone course from the GE Capstone Requirement.<br>Apply to graduate one year before anticipated graduation date. |
| HIST 130 or POLS 155           | 3            | HIST 130 or POLS 155           | 3            |  |
| Activity Breadth Course        | 1            | Activity Breadth Course        | 1            |  |
| Elective                       | 3            | Elective                       | 3            |  |
| <b>Total Units:</b>            | <b>16</b>    | <b>Total Units:</b>            | <b>16</b>    |  |
| Third Semester                 |              | Fourth Semester                |              |  |
| BIOL 103 (GE Area B2)          | 4            | BIOL 104 (GE Area B2)          | 4            |  |
| Activity Breadth Course        | 1            | Activity Breadth Course        | 1            |  |
| GE Area C                      | 3            | KINE 321                       | 3            |  |
| GE Area D                      | 3            | GE Area D                      | 3            |  |
| GE Area E                      | 3            | Elective                       | 3            |  |
| <b>Total Units:</b>            | <b>14</b>    | <b>Total Units:</b>            | <b>14</b>    |  |
| Fifth Semester                 |              | Sixth Semester                 |              |  |
| Activity Breadth Course        | 1            | Activity Breadth Course        | 1            |  |
| Wellness Pattern Selection     | 3-4          | KINE 323                       | 4            |  |
| KINE 320 (WP) [*C-]            | 3            | KINE 345                       | 3            |  |
| KINE 322                       | 4            | GE UD Pathway                  | 3            |  |
| Elective                       | 1            | Elective                       | 3            |  |
| Elective (0-2 units as needed) | 0-2          | Elective (0-3 units as needed) | 0-3          |  |
| <b>Total Units:</b>            | <b>12-15</b> | <b>Total Units:</b>            | <b>14-17</b> |  |
| Seventh Semester               |              | Eighth Semester                |              |  |
| Wellness Pattern Selection     | 3-4          | Wellness Pattern Selection     | 3-4          |  |
| KINE 390                       | 3            | KINE 411                       | 3            |  |
| KINE 480                       | 3            | KINE 489                       | 3            |  |
| GE UD Pathway                  | 3            | GE UD Pathway                  | 3            |  |
| Elective                       | 3            | Elective                       | 3            |  |
| <b>Total Units:</b>            | <b>15-16</b> | <b>Total Units:</b>            | <b>15-16</b> |  |

*(Consult the 2015-2016 University Catalog for official degree program)*

**Fully Online: 05/30/2015**